

# Heart PET Scan

Heart PET (Positron Emission Tomography) Scan is a nuclear stress test, done without dye, to evaluate heart health by measuring the blood flow brought by the coronary arteries to the heart muscle. This test can safely and accurately identify the presence or absence of significant (>70% blockage) coronary artery disease (CAD) in people who have had symptoms and/or risk factors/CAD. In patients with an enlarged heart from previous heart attacks and multiple artery blockages, this test can also evaluate viable functional heart muscle prior to sending the patient for a stent or bypass surgery. The highlights of this test are as follows:

- **Non-invasive**
- **95% accurate**
- **45 minutes for entire test**
- **1/5 the radiation exposure as compared to traditional Thallium nuclear stress test**
- **Very accurate in large patients and women**
- **No attenuation artifacts with this test, which leads to very high accuracy**
- **This is the only facility performing this test in Putnam County**
- **Recommended by American Society of Nuclear Cardiology as the initial test of choice for nuclear stress testing**

Many times this test is done after a Heart Cath to determine if the patient would benefit from a stent or bypass surgery. This test can be done at Putnam Heart Center, Monday through Friday, 8 a.m. – 5 p.m. If you have symptoms/risk factors for heart disease, e.g. diabetes, high blood pressure, high cholesterol, smoking, family history of heart disease or if you have history of heart disease/stent/bypass/enlarged heart with blockages in coronary arteries, this test could help you in decision making because of its precision and accuracy.



## Putnam Heart Center & Cardiac Catheterization Lab

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